

EASY ASSERTIVENESS: EASY BUSINESS SKILLS

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It's not always easy to identify truly assertive behavior. This is because there's a fine line between assertiveness and aggression, and people can often confuse.

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5 simple assertiveness strategies

This page provides some simple tips and techniques that you can use to improve your assertiveness skills and also help others to express themselves in a more.

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To become memorable you have to show you care. Your feelings. If you're going to perform to your full potential then you need to make sure that you don't expect other people to know what you want, so you speak up to ask for what you need calmly and with confidence. Table of contents 1. If you become known as a person who cannot say no, you will be loaded up with tasks by your colleagues and managers, and you could even make yourself ill. You can model your assertiveness best in order to use it in all the life situations helpful also at this point to explain the difference between leadership with dominance: Good leadership is inclusive, developmental, and a force for what is right.